

DAILY BULLETIN: Wednesday, March 21, 2018 (Late Start A-day)

8:00-8:50	Faculty Meeting	
8:50-9:35	Zero Period	45 min
9:35-9:40	Passing	5 min
9:40-11:05	Per. 1	85 min
11:05-11:12	Passing	7 min
11:12-12:43	Per. 2	85 min
12:43-1:13	Lunch	30 min
1:13-1:20	Passing	7 min
1:20-2:45	Per. 3	85 min



Yellow Ribbon Week:

WEAR YELLOW WEDNESDAY 3/21:

- Add your name to the chain of kindness and show support for Yellow Ribbon Week

THOUGHTFUL THURSDAY 3/22:

- Speaker
- Join us for the Picnic in the Park at lunch and play some games

FLOWER FRIDAY 3/23:

- Grab a flower at lunch and pass it onto a friend
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GENERAL INFORMATION:



CAFETERIA NEWS

The cafeteria has a **new cart in front of Senior Park on Mondays, Tuesdays, and Thursdays!** Swing by to find **healthy options**, including protein packs, yogurt parfaits, sandwiches, entrée salads, and new drinks.

CHOREO

The Spring Choreo concert is **Wednesday and Thursday at 7pm** at the Armstrong Theatre. Tickets are \$15 and can be purchased through Choreo and Intermediate dance students and also at the PVHS Student Store.

DRAMA

Join the Drama Department for an evening of comedy, drama, and musical fun! Our annual **Dessert Theater** takes place this **Thursday at 7pm in the MPR**. Admission is \$5 and includes all-you-can-eat desserts!

K-POP DANCE CLUB MEETING

Hi K-pop Dance Club members! Please check the dates for the meetings on March 2018. We are going to **meet during lunch at UDR**. Please advised that you can wear dance shoes or socks only without regular shoes. Thank you!

March . 22.



PVHS ADVANCED PHOTO STUDENT RECEPTION

FRIDAY, MARCH 23, 2018

4pm-6pm. Free!

Peninsula Library Lobby

Everyone is welcome to celebrate PVHS's Advanced Student Photo show opening. Students photographed the theme Twisted. There will be photos, people, music, food, and fun. Bring family and friends.



FRIDAY, MARCH 23RD will be a **Regular A-day**, **LIP DUB has been cancelled**

NHS PAINTED TURTLE WALK

Seakings- On **Sunday, March 25th from 9am-11am in Sea King Park**, please join the Palos Verdes High School chapter of the National Honor Society in our 14th annual walk for **The Painted Turtle Camp**. This camp is located in the Los Angeles mountain range and allows children with serious illnesses have a summer camp experience under the care and supervision of medical professionals! This camp is funded solely by donations and it takes almost \$3, 000 to send one child

to camp for a week! Help us send as many kids as possible to camp this summer! **Please see Mrs. Secrist in room 410 to sign up!** Entry Fee is \$20.

FOOTBALL MEETING

To all those **thinking about playing Football** next year- new and returning players- there is a **mandatory meeting at Lunch on Wednesday March 28th in the Gym**. Please be prompt. Go Sea Kings!

KISS ME KATE

The Drama Department presents *Kiss Me, Kate* **April 13th-15th and 20th-22nd**. Tickets are now available at the student store and online at www.pvhsdrama.com. Get yours before they sell out!

SUMMER SCHOOL

The Palos Verdes Peninsula Summer School (PVPSS) high school program will once again be available for all students entering 9th through 12th grade in the fall. The program will take place **on the Palos Verdes Peninsula High School campus beginning June 18 through July 6 (1st semester) and July 9 through July 26 (2nd semester.)**

Online registration will begin at 7:00 pm on each of the following nights:

Tuesday, March 27, for incoming Seniors

Wednesday, March 28, for incoming Juniors

Thursday, March 29, for incoming Sophomores

Monday, April 16, for incoming Freshman

All courses offered, either for enrichment or recovery, are "UC approved" and meet the stringent requirements of PVPUSD toward high school graduation and college pre-requisite credit. Speak to your counselor regarding specifics.

There is limited space available and enrollment is on a "first come, first serve" basis. Visit our website at www.pvpss.com

PVE CITIZENS ACADEMY

The Citizens Academy is a ten session, interactive program, held on Wednesday evenings and one Tuesday session where participants are recognized at City Council. The sessions are gathered toward leaning about the operations of the City of Palos Verdes Estates. Each week will focus on a different aspect of PVE's municipal government, which includes topics such as General Government, Public Safety, Finance, Development Services and Public Works. Applicants are encouraged from all segments of the community. Enrollment for each class session is limited to 27 participants, 15 years

or older, and must be PVE residents. Application on file does not guarantee enrollment. [Please see attached application](#). **Deadline to apply is March 29th**.

JACK'S SURFBOARDS FUNDRAISER

Jack's Surfboards is having a *Friends & Family Sale* to benefit Palos Verdes High School **Thursday, March 29th 9am-8pm**. Please [see attached flyer](#).

SONG TEAM

A clinic will be held for all students interested in being on the 2018-19 Song Team. The clinic will run from **Monday, April 9th to Wednesday, April 11th from 3:30-5:30pm** in the Lower Dance Room.

TRYOUTS will be held following the clinic on **Thursday, April 12th** beginning at 3:30pm in the Lower Dance Room.

2018-19 STUDENT BOARD MEMBER

Any student interested in applying for the **student member seat** to represent his/her school on the **Palos Verdes Peninsula Unified School District Board of Education** please fill out the [attached application](#) and submit to the Counseling Office. The term of office is for a period of one year, beginning July 1, 2018, and running through June 30, 2019. **The application deadline is Friday, May 18, 2018**. Interested applicants will be invited to appear before an interschool selection committee. Click here to review [Board Policy 9150](#).

SOUTH BAY FAMILIES CONNECTED

All parents and educators are invited to the following **free events**:

- [Issues on the Minds of Teens](#), with Leah Niehaus, LCSW, and Adam O'Neil, Mindset Coach, and teen panel. **March 20th 6:30-8pm** Hermosa Valley MRR, 1645 Valley Dr, Hermosa Beach
- ["I'm Never Enough!" – Teen Anxiety is Living and Breathing in the South Bay](#), an expert panel. **March 28th 7-9pm** Shade Hotel, 1221 N Valley Dr, Manhattan Beach
- [Helping Students Find Balance in the South Bay Pressure Cooker](#), presented by Dr. Denise Pope. April 17th 5-8pm Redondo Beach Performing Arts Center, 1935 Manhattan Beach Blvd, Redondo Beach
- [Weekly Parent Chat](#), see dates and topics at www.southbayfamiliesconnected.org/events

Check out updated **resources and information** for parents on SBFC(www.southbayfamiliesconnected.org): [Suicide Prevention](#), [Technology and Social Media](#), and [Coping with Grief](#).

What's trending? The SBFC [Vaping and Tobacco](#) and [Helping Youth with Stress and Anxiety](#) were the most popular resource pages on SBFC in the past 30 days. If you share these concerns, know that

you're not alone. Don't miss this month's [Families Connected E-newsletter](#), featuring an outstanding [blog from Leah Niehaus](#), LCSW.

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COUNSELING OFFICE NEWS:

SOCAL ROC

SoCal Roc is now enrolling for its 9 week courses: Adobe Suite, Business Entrepreneur, Banking & Financial Services and Event Planning. **Classes begin April 9th.** Come to the counseling office to sign up and speak with a SCROC counselor.

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MINDFULNESS PROGRAM

A Mindfulness Program will be offered every **B Tuesday at lunch in the Wellness Center.** All students and staff are invited. See Jill Moeller or Nancy De La Rosa for questions.

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COLLEGE AND CAREER CENTER NEWS:

SENIORS, the Cal Grant GPA data was successfully uploaded by PVPUSD. If you opted out of this process, your information was not uploaded. In order to be considered for the Cal Grant Awards, **seniors must also submit the FAFSA** (Free Application for Federal Student Aid). If you have NOT filed the FAFSA, please do so before the deadline posted by the college/university to which you applied. To access the FAFSA website, click on the following link: <https://fafsa.ed.gov/>

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OUTSIDE OPPORTUNITIES:

The USC Center for Applied Molecular Medicine (Camm) and the Westside Cancer Center (WCC) of USC have developed a unique program to foster scientific achievement for **rising high school seniors** interested in **clinical or research oncology**. They believe that passion, coupled with outstanding aptitude, are the hallmarks for success. This program fosters scientific education by incorporating hands-on experimentation in a collaborative environment. The **application** consists of an essay and a copy of the student's transcript. The essay should be used as a forum to convey the student's passion for science/medicine. They will be accepting applications from **January 29th through April 5th, 2018.** The program begins on June 13th and requires the students to commit 6 hours a day until June 29th at the Health Science Campus of USC. Please contact Dr. Kian Kani (kani@usc.edu) for more information. **ONLINE APPLICATIONS CAN BE COMPLETED HERE:** www.BeARebel.org/junior-fellows-application

Camp Counselors needed for TANOSHII Fun Camp sponsored by the South Bay JACL. The mission of this camp is to "Promote the Legacy of the Japanese American Culture and Heritage to our Youth". The camp will take place from **July 9 to July 13, 2018** at the Gardena Valley Japanese Cultural Institute (JCI). **Camp Counselors must attend the entire camp week from 9:00am to 3:30pm.** They can be any college student or high school student entering his or her junior or senior year in the fall of 2018 and should have knowledge/experience with Japanese American culture and heritage. Applications for Camp Counselors are available now on the GVJCI website at: www.jci-gardena.org/tanoshii-fun-camp . If you have any questions, please contact the TANOSHII Camp Director, Ray Shibata by email at www.tanoshiifuncamp.org.

Camp Cardiac and Camp Neuro applications have just opened up for 2018! Run by medical students in over 30 cities nationwide with locations in Los Angeles, Orange County, and San Diego, Camp Cardiac & Camp Neuro are 1-week summer day camps for high school students interested in exploring careers in medicine. Students may learn more and apply by visiting <http://www.campcardiac.org> and <http://www.campneuro.org>

U.S. Naval Sea Cadet Corps is a military youth program for young men and women: Navy Sea Cadet Corp (Ages 14-17) and the Navy League Cadet Corp (Ages 11-13). It is sponsored by the U.S. Navy, U.S. Coast Guard, and U.S. Marine Corps. Students will have the opportunity to participate in Aviation, Field and Medical Training, Leadership Development, Military Police Science, Scuba Diving, Sailing and Photo-Journalism. Cadets train aboard U.S. Navy and Coast Guard Vessels and can meet Sea Cadets from around the world in their International Exchange Program. Information on the program can be accessed at www.bevhillsnavyleague.org, then click on the Sea Cadet tab. For more details, please contact LTJG Doug Irvine, USNSCC at (310) 977-5183 or doug@iwssurveying.com.

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SCHOLARSHIP OPPORTUNITIES and DEADLINES:

We are at the peak of scholarship season...especially for community-based opportunities! NOW IS THE TIME TO APPLY. A complete list of scholarships is listed on Naviance. To access information on these scholarships, please log onto NAVIANCE. Click on the COLLEGES tab and then scroll down to SCHOLARSHIPS and MONEY. Click on SCHOLARSHIP LIST. At this point, select the scholarship of interest. In many cases, you will be directed to a website for the application. In other instances, you may be able to download the application directly from NAVIANCE.

Scholarship Deadlines through March 22, 2018:

- **MARCH 22 - PVP COUNCIL OF PTSAs** (\$1,000) - seniors only; **MUST be a PTSA member at least 30 days prior to the deadline** and complete an essay of 350 words max to describe "In what way has the PTA influenced your life?" Applications may be downloaded from Naviance.

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SPORTS NEWS:

HOME GAMES:

Wed. 3/21 Track/Field vs. Morningside/Redondo @ 2:45pm
Wed. 3/21 FS Baseball vs. Loyola @ 3:15pm
Wed. 3/21 Boys' Volleyball vs. Redondo: V@3:30pm, JV@4:30pm, FS@5:30pm
Wed. 3/21 JV Golf vs. West @ 3pm (PVCC)

Thurs. 3/22 Boys' Varsity Tennis vs. Mira Costa @ 3pm
Thurs. 3/22 JV Baseball vs. Loyola @ 3:15pm
Thurs. 3/22 Boys' Varsity Golf vs. Redondo